



2020

www.int-scout.org.uk

Questions and Answers

What is this all about?

Julian Sore has been organising International Expeditions to Uganda, Zambia and Tanzania for the past 17 years, taking Scouts and Guides to help build schools and medical centres in rural locations. This experience includes 8 expeditions, plus numerous visits to Africa.

Tanzania 2020

The plan is to have between 4 – 6 expedition teams going to Tanzania in the summer of 2020. Each expedition team will have its own community project to do, and will also have some adventurous activities, and a safari.

Core Leader Team

Each expedition team will have its own leader team, and to then support them, there will be a Core Leader Team. The Core Leader Team will co-ordinate and plan all of the major functions of the expedition.

The Core leader team is currently made up of

Jools (Julian) Sore (Overall Expedition Leader)
Claire Turner (Deputy Expedition Leader)
Grace Peel
Kathryn Longstaff
David Percy

We are currently looking for a Doctor / Paramedic to join the core team.

Expedition Leader Teams

We are currently recruiting around 25 – 40 leaders for the expedition teams. If you know somebody that is potentially interested, please see the website for application details.

Each Expedition leader team will be 5 – 6 leaders, depending on experience, size of team and the size of the project.

What would we be doing on the expedition?

The expedition will last approximately 4 weeks. The expedition will be broken down approximately as follows:

- 15 days would be spent on a community project in a remote area of Tanzania
- 3 days on a safari
- 2 days doing adventurous activities e.g. Hiking, water sports etc. or anything else within Scout Association rules and regulations
- 4 days travelling and sightseeing
- 3 days flying there and back

What is the Project Work?

The community project work is the central focus of the expedition, and will form the majority of the time spent abroad. The different teams will have different type of projects to complete. Examples are

- a. Providing School Buildings / renovating schools
- b. Providing Medical Centres / renovating medical centres
- c. Providing Skills Workshops
- d. Accommodation at Medical Centres

When is the expedition?

At this early stage, we cannot give exact dates, however it is aimed to be in the school summer holidays of in 2020. It is likely that we will depart around 18th July 2020, a few days before the holidays begin, and return around 16th August 2020. If you are taking time off work, expect to have to take 4 weeks leave.

Who can apply?

We are looking for expedition members who are:-

1. Members of the Scout Association (Members of Girlguiding can apply and attend the selection, however, they will be required to join and be an active member of the Scout Association for the training and the expedition).
2. The main team will be aged between 14 and 18 at the time of the expedition as of 18th July 2020
3. Prepared to travel to Southern England for all selection and training weekends

What are Team Members expected to do?

The Expedition Team will consist of Team Leaders and Team Members. The Team Leaders will organise, plan and run the training weekends and the expedition, as well as taking part in the expedition with the Team Members. The Team Members will need to take part in the training weekends, the fundraising, the expedition activities and the community project itself. This requires time, energy and commitment on your part for the next 22 months.

Expedition Aims and Objectives

1. To return all team members safe and well to the UK.
2. To develop Scouts from the UK, to have a deeper appreciation of life in a developing country, to be able to work together as a team, to understand different people's needs, to give support to all members of the team, and to become leaders of the future.
3. To develop the leaders from the Leader Team to become better leaders, and expedition leaders of the future.
4. To complete a community project in a developing country, which substantially benefits the local community, who can then take ownership of the project and carry it forward.
5. To develop Scouting in Tanzania and the community of the area that we visit.
6. To develop leader teams to be able to run future expeditions.

Tanzania Location

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The projects are located in three main areas. The first is in the hills above Korogwe, approx. 1 days drive from Dar Es Salaam.

The second is around the town of Ifakara. Ifakara is around 1 days drive from Dar Es Salaam.

The Third is around 2-3 hours drive South West of Ifakara.



What do we know about Tanzania?

Tanzania is located in east Africa. Tanzania is a relatively safe and stable, but very poor country (36% live below the poverty line, with 80% working on small agricultural holdings). It has a Scout Association, with around 91,000 members and a Guide Association with 17,200 members. The country has access to the Indian Ocean and has borders with Kenya, Uganda, Rwanda, Burundi, Democratic Republic of the Congo, Malawi, Mozambique and Zambia. The climate is tropical, with very different weather depending on which part of the country you are in.

Temperatures are between 14 and 30 Deg C. In August, there is virtually no rainfall! Tanzania varies drastically in height, from sea level to 1,200 metres above sea level. Being a tropical climate, Tanzania is a malarial country. One in sixteen Tanzanians have AIDS, and the overall average life expectancy is 39 years.

During the expedition, do we camp?

During most of the expedition, we will definitely be camping (approx. 23 nights). At other points we could be in hotels (2 or 3 to a room) or in hostel dormitories (up to 24 in a room), so it is a mixture of accommodation types.

What size is the expedition group?

For costing reasons, we try and base the number around bus sizes! Depending on the number of applicants, and those that pass the selection process, we are aiming for a team size of around 26-29. The leader team will consist of 5-6 adults (all aged 19 or over at the time of the expedition). The remaining members will be made up of Scouts / Explorer Scouts / Network Scouts.

How much will the expedition cost?

The total cost is expected to be around £3,400 - £3,600. This is broken down into two sections

a. The Expedition Fee

With 24 months to go, it is very difficult to put a precise cost on the expedition at present. However, we are currently forecasting the cost to be between £2,900 and £3,100. This **includes** all of the UK based training before departure, visas, airfares, insurance, Tanzania transport, food etc. etc.

This **does not include** the cost of UK travel to/from the training weekends, UK travel to / from the airport, or the cost of obtaining a passport or vaccinations/anti-malarial medication. You will also need to purchase personal equipment suitable for the expedition. These additional cost can vary from £150 - £500, depending on how much you already have.

b. The Community Project work

The funding for the projects (between around £20,000 per project) will be a mixture of Gift Aid, team fundraising, individual fundraising and hopefully some grants. Everybody will need to help raise the project money. It sounds a lot, but around 15% should come from Gift Aid claimed from donations to the project money. All team members are responsible for ensuring that this money is raised and will be asked to fundraise a minimum amount (around £500 per person).

Can we pay in stage payments?

Yes, we want you to pay in stage payments. You can pay earlier if you like.

Payment 1 is a non-refundable Deposit of £200. This is paid immediately when you have been offered a place, to confirm your place.

Date	Expedition Fee	Project Fundraising	Total
01 - 1 st Dec 2018 – Deposit	£200		£200
02 – 1 st Feb 2019	£400	£50	£450
03 – 1 st May 2019	£400	£50	£450
04 – 1 st Aug 2019	£400	£100	£500
05 – 1 st Nov 2019	£400	£100	£500
06 - 1 st Feb 2020	£400	£100	£500
07 – 1 st Apr 2020	£400	£100	£500
08 – 1 st June 2020 – Final payment	£300-£500 to make total		£300-£500

Does everybody pay the same expedition fees?

Yes, everybody in the team (and across all teams and core leader team), including leaders, pays the same amount for the expedition fees. The leader team will help with the project fundraising, but will be concentrating on planning and running the expedition.

What happens if I need to withdraw after I have accepted my place?

The initial £200 deposit is non-refundable. Any other amounts paid, we will consider refunding. However, we cannot make any promises, and the amount will depend on how much has been spent on non-recoverable items, and how much can be recovered from the insurance company (which will depend on the reason for withdrawal). Any refunds will only occur after the expedition has taken place.

Can we fundraise?

Yes! You can either fundraise on your own, as part of a group located in the same area, or we will organize some events across the whole team. We encourage everybody to start fundraising as soon as they have been selected.

Whole Team Fundraising?

As part of the training, one weekend will be allocated to fundraising towards the project funds. This is most likely to be bag packing in a supermarket, as this has proven to be the most effective method of fundraising as a team (in 2014, this raised £4,000 in one weekend for one team). It is quite possible that we will be able to obtain bag packs at other times, and therefore we may put out notice for all those that can make it, to come and help with a bag pack for project funds.

Gift Aid?

Gift Aid is a government scheme to boost charities income on donations made to a charity. We can claim Gift Aid on donations made towards the project funds only. There are some significant rules around this, which we will explain later. However, in essence, if you can get taxpayers to sign a simple form, we can claim an extra 25p for every £1 they give to the project fund. All money claimed from Gift Aid can only be put towards the project fund. This might not sound a lot, but across the team, it can help raise up to £4,000 for each project.

How safe is Tanzania?

Tanzania is, by a lot of standards, a very safe country to visit. However, like any country, it does have its problem areas. Currently, this is in the Western area of Tanzania (the border with the Dem. Republic of the Congo, Rwanda and Burundi), which we will **NOT** be visiting. At all times, we will follow the advice given by the UK Foreign and Commonwealth Office (FCO), and the UK and Tanzania Scout associations. You can check the current FCO advice on Tanzania by visiting their website at www.fco.gov.uk. Please don't be alarmed by the first few paragraphs, as this is fairly standard for all countries!

What areas will the team come from?

The leadership teams will come from across Southern England (e.g. Surrey, Wiltshire, Hampshire, Dorset, West Sussex, Berkshire, IOW, GLSW, GLS, and GLSE), and we are looking to base the team from these areas. However, we can take some candidates from outside of these areas. Please be aware that **training and activities will be focused around the above areas** and you will need to travel to these training weekends.

Southern England is a large area, will the teams be spread all over?

When we form the teams, we will look to minimise travelling. The idea will be to form a team based on a geographical area. So this could mean that those from Dorset join with those from South West Hampshire, or those from Wiltshire join with those from Berkshire. It all depends on where people apply from and how this can form a team together.

If I have been before, will I automatically be able to go again?

We are looking at taking a mixture of people, some which have been before, and some new. All applicants will be judged on their own individual merits, and in accordance with the expedition aims and objectives.

Can members of Girlguiding UK go?

YES, however, all successful candidates must be active members of the Scout Association for all of the training weekends and the expedition. Therefore, you can attend the selection weekend as a prospective scout.

Will I have to work hard?

Yes! To get the most out of the expedition, you will need to work at the fundraising before the trip, and take a full and active part in the project work. The expedition is very different from a Jamboree. Whilst some of this can be a bit of a slog, it really can be very enjoyable! If you don't do any work, then the rest of the team will probably give you a kick up the backside. The benefit is the immense satisfaction of working hard to achieve something really difficult and worthwhile for a community that desperately needs help.

Is it going to be a party?

The training weekends and expedition are hard work, but fun and very rewarding. Whilst we very much want all of the team members to become good friends, and to have a great time, it WILL NOT be one big party. During the training, and whilst in Tanzania, there will be opportunities to let your hair down and have a good laugh, but this will be mixed in with the hard work.

What is the selection weekend for?

The selection weekend is designed to see if you are the right person to go on an International expedition of this type. We are not looking for the strongest, fastest, most intelligent, the best Scout in the world or any other "best of" types of people. We are looking for people who want to have an International experience, are prepared to take the rough with the smooth, who work well in a team, who can work with others throughout the age range, who will give anything a try, for those that care and look out for themselves and others, and most of all, those that like to have fun with a group of similar people. During the selection weekend, we will make you tired, probably wet and muddy, emotional, and give you some rotten jobs to do, but it should still all be fun!!

Is the selection weekend compulsory?

YES!

When, where and how much is the selection weekend?

The location for the selection weekend will be in West Surrey (near Farnham) and it will be held on Friday 16th November from 8pm to Sunday 18th November 2018 at 12pm. For the selection weekend, you will be camping.

When will I know if I have been selected?

We will not tell anybody if they have been selected or not at the selection weekend. We will post a letter to each applicant as soon as possible after the selection weekend (all letters posted together, but due to the numbers this year, it may take a few days to get the letters in the post). In the past, we have always had a large number of applicants apply, and therefore, we just cannot select everybody. Therefore, if you are not selected, it doesn't mean that you should feel bad, we just cannot take everybody! You will either be selected, not selected, or a reserve (reserves are for the first few months only, and are in case somebody drops out within the first month or so).

Use of Facebook / Social Media

The main age range of the Tanzania 2020 team will be 14 and over when we depart (but this could mean from 12 and over at the start of the process). As a result, we will be using some social media, mainly Facebook.

Tanzania 2020 will be using Facebook for

1. General Public awareness – will be more of a page, similar to a business page
2. Leaders Closed Group – will be for leaders only
3. Team Members Closed Group – will be for leaders and all team members only
4. Parents Closed Group – will be for parents of team members only
5. Team Groups – will be for leaders and team members of a specific team only

Participation in the Facebook groups is optional. All IMPORTANT information, will be sent out by E-mail.

However, the Facebook groups are useful to share and ask questions, such as who can give us a lift, can I share a tent at the next training weekend etc. etc.

From the above, you will see we have separate groups for Parents / Young People. This is designed on purpose.

If you / your child are not on Facebook / do not want to sign up to the groups, that is entirely your choice.

Online Scout Manager (OSM)

We will be utilising the Online Scout Manager system for communications and main data store for the expedition. This will be right from the start, so as soon as we receive your application, we will create a record in OSM, and then ask yourselves to complete the population of data (such as address, telephone numbers, medical information).

Assuming the applicant is successful, this record will be maintained all the way through the expedition (and will be used for electronic records / E-mails / Permission to Camp etc. etc.).

If the person withdraws, or does not make it through an application stage, the record will be removed.

OSM puts you in charge of updating information. So if phone numbers / addresses / E-mail / medical information changes, you can update this all yourself.

GDPR

We take data security very seriously, however, we do need to have access to data, and share part of this with a number of organisations in order to arrange the expedition.

We will use the following systems for Data Processing

1. Online Scout Manager (www.onlinescoutmanager.co.uk) – main system for storing data, sending E-mails, organising events etc.
2. GoogleDocs – storage system for general documents for the planning and organisation of Tanzania 2020.
3. Financial System (currently QuickBooks) – for tracking all income and expenditure on a per person basis

Data will be primarily used and accessed by the Core organising team, and by the leaders of each team. We will only be holding data that is required for the planning, organising and running of Tanzania 2020.

Some data will be shared with appropriate partners, but only as required to plan and organise the expedition.

- e.g. Travel Agent – Passport names, Date of Birth, Passport Number, Food Intolerances
Insurance Company – Passport names, Date of Birth, Medical Information
Scout District / County – Name, Scout Group

Any person that attends any event, will have some details retained for up to 7 years after Tanzania 2020, for Insurance purposes. For any person that makes any payment, will have some details retained for 7 years for financial auditing purposes.

What about training?

Prior to the expedition, there will be 7 training weekends. The dates will be the same across all expedition teams. These weekends are for two purposes. The main one is so that everybody in the team can get to know everybody else (you will become quite close with each other during the course of the expedition). The second reason is to carry out training on various aspects of camping and living in Tanzania. This will include first aid for remote places, and will cover emotional aspects of the expedition.

It will be compulsory to attend at least 70% of the training weekends, including the first aid weekend and final training weekend, therefore, please enter these dates in your diaries as early as possible. The more training weekends you attend, the more you will gain from the experience and therefore we hope you can attend them all. The cost of the training weekends is included in the overall price, all you have to do is to get there and home again. The training weekends will be located at campsites in Southern England. Most training weekends will be from 8pm on the Friday evening to 3.00pm on the Sunday afternoon.

The planned dates are

Training Weekend	Date
TW01	25 th -27 th Jan 2019
TW02	26 th – 28 th April 19
TW03	5 th – 7 th July 19
TW04	4 th – 6 th October 19
TW05	24 th – 26 th Jan 20
TW06	17 th – 19 th April 20
TW07	3 rd – 5 th July 20

TW05 is usually a first aid training weekend, and is compulsory attendance

TW07 is the final training weekend, and is compulsory attendance

What about alcohol?

The expedition will be alcohol free from start to finish. This includes all training weekends, related activities, and the expedition itself. This applies to ALL team members, leaders and core team. If you cannot 100% support this policy, then please do not apply.

What about smoking?

It is highly advised not to be a smoker on an expedition such as this. Smoking by under 18's will not be permitted. Opportunities for smoking breaks for 18 and overs, may be limited, and must always be discreet from under 18 team members.

What about insurance?

All members of the expedition will be covered by standard Scout expedition insurance for the expedition, which is included in the cost. For specific medical conditions, we may use an alternative insurance policy. This insurance covers many things, including full medical cover and repatriation to the UK. We have to have medical insurance, therefore, no insurance, no expedition.

Medical complications / Special needs?

In principle, anybody can apply for the expedition, irrespective of medical conditions, disabilities or special needs. However, there are certain things that we have to qualify this with, especially if you have any known issues:

1. Your doctor must be able to give you full clearance to attend this expedition in full knowledge of the extent of the expedition (and this may need to be formally recorded in your medical file). Your doctor may charge you to provide a letter confirming this.
2. All issues / needs that could impact you must be reported through us to the insurance company, and the insurance company must give approval for your cover. It's simple - no insurance, no expedition.
3. You will need to take anti-malarial tablets, and vaccinations (as agreed with your doctor).
4. The leadership team will then have the final decision, taking into account knowledge of the conditions that we will be under, your personal medical requirements / special needs and the safety of you, and the whole team.

The safety of each individual and the team is very important, and therefore, we must be able to satisfy ourselves that we can achieve the correct level of safety and care for every team member.

Please feel free to discuss anything that may be a problem under this section with one of the leaders before applying. We do need 100% full disclosure of medical information / special needs, including being updated with any changes during the training or expedition. This may lead to you having to withdraw if the above cannot still be met.

What jabs will I need?

This is always a difficult question, as we cannot directly advise you. You will need to discuss it with your doctor. Normal jabs can include tetanus, polio, meningitis, rabies, typhoid, and hep A / B. You will also need to take anti-malarial tablets, as Tanzania is a malaria region. Depending on what you take / what jabs you have, and your doctor's policy (as they all charge different amounts), this can all cost anywhere from £50 to £400.

What is the reporting structure of the expedition?

The expedition will be a Scout expedition, with members from multiple Scout counties. It will be under the direction of the ISSU (International Scout Support Unit), which reports directly to the HQ International Commissioner.

Accordingly,

Paperwork and forms will be processed through ISSU.

The manager of the ISSU will act as the ACC(International), and will be responsible for signing off the Visits Abroad form. The expedition money will be processed and held in the ISSU-Africa Bank Account.

The expedition is regarded as a UK National Scout Expedition.

What about over 18s?

A couple of extra items need to be noted to those aged 18 or over

1. Over 18's will need to follow rules and the team constitution as any other team member.
2. Over 18's may be given a senior team member role with additional responsibilities, and will be expected to act accordingly.
3. Over 18's are reminded that this is a TEAM activity, and it is not a "travel the world as an independent

backpacker” holiday. The expedition will be run to rules designed to ensure it achieves its aims and objectives, and all team members will be required to adhere to them.

Can this be used as an Explorer Belt?

Simply NO! – Explorer Belt and expeditions of this nature are very different types of expeditions.

Can this be used for DofE / QSA?

The expedition can be used for the International section of DofE / QSA. However, it can NOT be used for the residential section.

Food

Food is probably quite different from what you are used to in the UK. Whilst in built up areas, take away food such as Chicken / Fish and Chips are the norm. Whilst in rural areas, vegetarian, chicken or goat casserole stew with Ugali (maize Flour) is very common. Fruit and veg forms a compulsory part of the daily diet.

We tend to have a mix of Western and African foods, quite often blending the two together. Rice is a main staple food, so be prepared for a lot of it!

We can cater for vegetarians and vegans without too much of a problem in terms of the food that you eat. However, you will need to accept that animals (such as Chickens, Goats and Pigs) **will be supplied live to the campsite, and then killed and consumed by the team**. Anybody that does not want to be around when this happens, will be allowed to move to a different part of the site, but must understand that this is the way of life in Africa and it will happen.

We can also cater for Lactose, Gluten and Nut free Diets. However, if you have multiple dietary constraints, it may get more difficult.

The overriding message is that you have to be flexible with food and be prepared to try new things. If you are a fussy eater with complex dietary requirements, then this will not be for you.

How long is the flight?

If we use a direct flight from the UK, it is about 10 hours. However, we usually go via another location (such as Amsterdam, Dubai, Istanbul or Nairobi), which will increase the flying time, whilst helping to minimize cost. Typically, there is around a total of 13hours of flying in each direction.

What is the worst thing about the trip?

Different people say different things. Some people say it's the insects, some say it's the squat toilets, some say it's the poverty, but the main thing people say it is, is the saying goodbye to everybody at the end of the expedition.

Any other questions?

If you have any other questions, please contact any of the leaders or visit www.int-scout.org.uk